



Hutt Valley High School News

Te Kura Tuarua O Te Awakairangi

Dear Parents and Caregivers

During recent days there has been an exercise under way that is quite exciting. It has involved senior students teaching the new school haka to this year's Year 9 students in their PE classes. The initiative has come from the students themselves, and it already has clear signs of tapping into a new and substantial means of showing school spirit. It's brilliant that the students are taking on the leadership in this work; the sessions are great fun as well as being such a unifying force.

Meanwhile, another group were practising hard so they could offer the haka at an event last week. The Hutt City Sports Awards included a presentation to Steve Tew the CEO of the New Zealand Rugby Union, and an ex-student of Hutt Valley High School. Our 1st XV Rugby team were invited to perform the haka as a part of the presentation and they did a great job, representing the school with a great deal of class. Thanks to all those involved.



Measles

Parents and caregivers will have read in recent days of schools being required by their district health boards to close, following outbreaks of measles. On Monday, the Ministry of Education asked schools across the country to encourage teachers and students to check their immunisation records and get vaccinated if they are not already.

"Taking action before a measles outbreak can minimise the impact if a student or staff member becomes

ill. Symptoms of measles can include fever, runny nose, and sore watery red eyes that last for several days before a red blotchy rash appears. Anyone with these symptoms should call ahead before visiting their family doctor, after hours' clinic or emergency department so steps can be taken to reduce the risk of infecting others in the waiting room.

The Ministry of Health's Deputy Director of Public Health, Dr Shirley Crawshaw says that the current measles outbreak is a good reminder for people to check they are fully vaccinated. Measles is highly infectious and can have serious consequences, and around 30 percent of people with measles will develop complications. About 1 in 10 people will require hospital treatment. Immunisation is the single most effective measure you can take to protect you and your family from this highly infectious and serious disease. You need to have had two doses of MMR vaccine to be fully protected. You can find out if you or family members are up to date with your immunisations by checking your child's Well Child Tamariki Ora or Plunket books, or asking at your General Practice.

New Zealanders born after 1 January 1969 are eligible for free MMR vaccinations. Those born before the measles vaccine became available in 1969 are considered at lower risk because they were probably exposed to measles as a child. Further information is available through 0800 IMMUNE (0800 466 863) or Healthline (0800 611 116) on the Ministry of Health website. Information about catching up on immunisations is also available on the Ministry of Health website."

If parents or caregivers have further questions, please contact our First Aid Officer De-Anne Ward.

Ross Sinclair
Principal



Congratulations to:

- ★ Congratulations **Nicholas Henderson** 13KN who has been selected to fence with the NZ team at the Australian Championships in July.
- ★ Well done to **Elise Matthews** 9HLYN who achieved her Black Belt in GKR Karate on Saturday.
- ★ **Mary-Florence Bleasdale** 13LR has been selected to be a national representative in the 2016 New Zealand Model United Nations. She will represent Rwanda in the General Committee deliberations during the four day conference.
- ★ Best of luck goes to teachers **Nan Walden** and **Michele Diamond** who have entered the WOW Wearable Arts competition with the dress pictured below:



HVHS 90th Reunion

12-13 August 2016

Tickets are now available. Please go to our website for more information and ordering: <http://www.hvhs.school.nz/about-us/hvhs-90th/>

Movie Fundraiser at the Lighthouse, Petone

The HVHS PPFA (Past Pupils and Friends Association) is running a movie fundraiser to provide a number of scholarships to HVHS students at the end-of-year prizegiving.

The movie is on Monday 30 May from 7.30 pm for nibbles, then 8.00 pm screening. Tickets are only \$20 each. The movie is called "Florence Foster Jenkins".

Please contact Christine Barnett ph 570 1422 for tickets.

Looking Ahead

May

26 **Year 13 Sport Trip**

June

2-3 Stage Challenge
3 Staff Only Day - no classes
 6 Queens Birthday holiday
6-9 Year 13 Geography Trip
 8 Year 12 and 13 Art Design Trip
8, 10 The Jazz Project
 9 The Big Sing
9 Year 11 Classics Trip
 9 Junior and Senior STEMM Challenge
9 Open Evening, 6.00 pm
 12 Chamber Music Districts
12 Rockquest
 13-17 Year 11 Drama Production
19 Pacifica Beats Finals
 22 St Marks lunchtime music concert
22 Year 13 Chemistry Trip
 22 Board of Trustees Meeting, 5.30 pm
23 Wanganui Sports Exchange - away
 24 Business Studies Market Day
24 Rockquest Finals
 27-29 Year 13 Sport Trip 1
29-1 July Year 13 Sport Trip 2

Congratulations

Hutt Valley High School student Louis Berzins (13FX) had an unexpected trip to Las Vegas during the April holidays. He was accompanying his parents Ivars Berzins and Amanda Evans to the New York Festivals Film and TV Awards.

Their family owned company Pacific Screen based in Eastbourne was a winner of a World Silver Medal for their documentary series on Gloriavale about the fundamental Christian Community based at Haupiri on the West Coast of the South Island.

There was stiff competition with films and tv programmes from over 70 countries entered.

The third and final documentary in the series is now in post production and is expected to air on TV2 later this year.

